

Eastman Road Race - Sept. 11th, 2010

Eastman Employee Center
Wilcox Drive, Kingsport, TN
Fee: **\$9** thru 9/3... **\$15** after

State of Franklin Track Club members receive \$1 discount
NO race/day registration / XX shirts are \$2 extra

8:00 - Food City 10K (course will be shutdown after 80 mins)
9:30 - Day & Zimmermann 3K Run
10am - BlueCross/BlueShield 3K Walk

YOUR BEST RACE PACKAGE!

- Performance Wicking Race Shirt
- Dri-Release Running Socks
- Pasta Dinner Friday night
- Eastman HEALTH & Wellness Fitness Expo

Mail this form to:
Eastman Road Race
Toy F. Reid Employee Center
Kingsport, TN 37662-5310

Domtar Team Challenge: Awards to top 3 teams in each event. Team = 4 members with at least 1 female. Enter TEAM NAME below.

Community Participation Award: 4 categories: Church / School / Senior Club / Youth Club. Win \$ for your org by competing or volunteering in the 10K or 3K events. Org with the most participants in each category will win \$5/person up to \$500. Enter CATEGORY and ORG.NAME below.

School Rebates: In addition to Community Participation Awards, each elem/middle/high school will receive \$1 for each student in the 10K or 3K events. Min. of 10 students. Enter SCHOOL NAME below.

Bring the kids to our Eastman Youth Runs on Friday 5:30-6:30pm. ** [Youth Runs registration form](#) **

For more info:
www.EastmanRoadRace.com or 423-229-3771 (days)

Make checks payable to **ERC**

<p style="text-align: center;"><u>Food City 10K Awards:</u> Overall (top 3) - \$200 to winner Masters (top 3) - \$100 to winner Gr.Masters (top 3) - \$100 to winner</p> <p>Age Groups (top 3): 11&under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70&up</p>	<p style="text-align: center;"><u>Day & Zimmermann 3K Run Awards:</u> Overall (top 3) Top Masters / Gr.Masters Top Seniors (60+)</p> <p>Age Groups (top 3): 11&under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70&up</p>	<p style="text-align: center;"><u>BlueCross/BlueShield 3K Walk Awards:</u> Overall (top 3) Top Masters / Gr.Masters Top Seniors (60+)</p> <p>Age Groups (top 3): 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70&up</p>
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Eastman Road Race: (CIRCLE ONE) ----> 10K RUN / 3K RUN / 3K WALK

LAST NAME _____ FIRST NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE (____)____-____ SEX ____ AGE ON RACEDAY _____ DATE OF BIRTH ____/____/____

EASTMAN EMPLOYEE? USERID: _____
 STUDENT? SCHOOL NAME: _____
 TEAM NAME _____ SHIRT: XS, SM, MD, LG, XL, XX (+\$2 for XX)

COMMUNITY PARTICIPATION AWARDS:
 Org: _____ Category: CHURCH / SCHOOL / SEN.CITIZENS / YOUTH CLUB
 IN CONSIDERATION FOR ACCEPTING MY ENTRY IN THIS RACE, I FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE FOREVER ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE ORGANIZERS AND SPONSORS OF THIS EVENT. I ALSO RELEASE THE ABOVE NAMED FOR ALL CLAIMS OF DAMAGE DEMANDS, AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE, OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND MY PARTICIPATION IN SAID RACE. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT. IN FILLING OUT THIS FORM, I ACKNOWLEDGE I HAVE READ AND FULLY UNDERSTAND MY OWN LIABILITY AND ABILITY.
 SIGNATURE _____ DATE _____

(Parent signature if under the age of 18)